

# **THE HUMAN NERVOUS SYSTEM**

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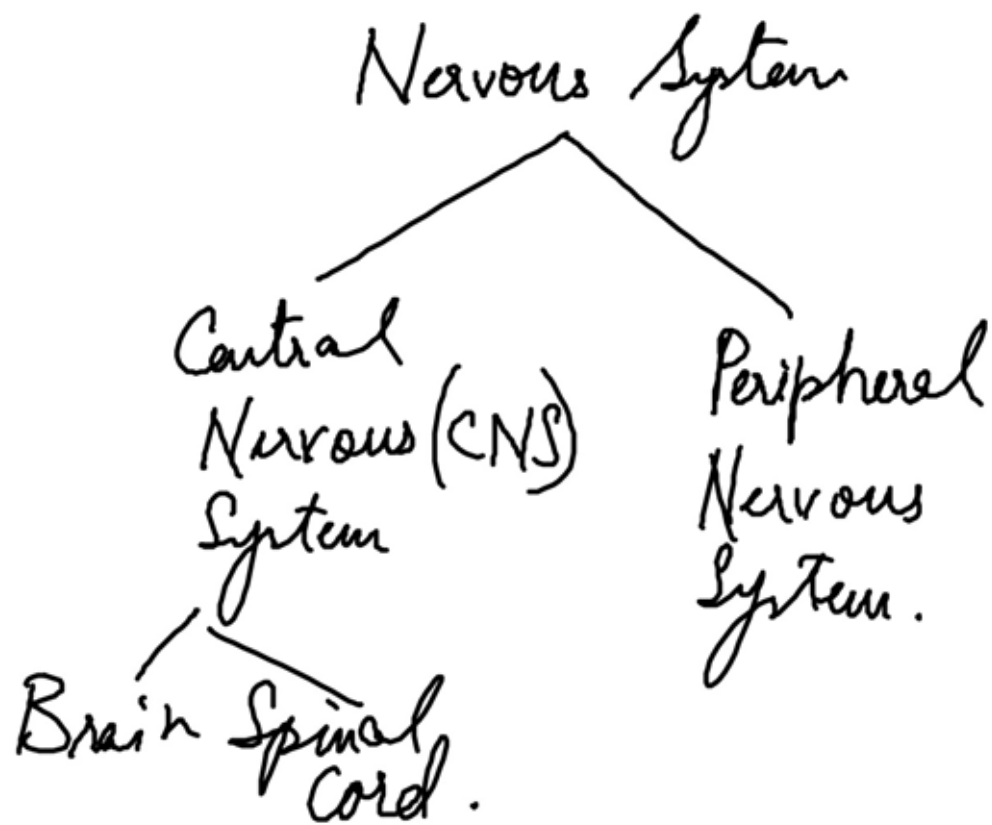
# LEARNING OUTCOMES

*Students will be able to:*

1. differentiate between the cross sectional views of the brain and spinal cord with reference to white and grey matter;
2. define neuron and describe the structure of the neuron;
3. describe the types of neurons (sensory, motor and relay);
4. define voluntary and involuntary actions with examples;
5. name the three types of neurons involved in reflex action;
6. trace the path of a nervous impulse in case of a reflex action with examples from daily life.

**The brain (cross section)**

**The spinal cord (cross section)**



# Neuron

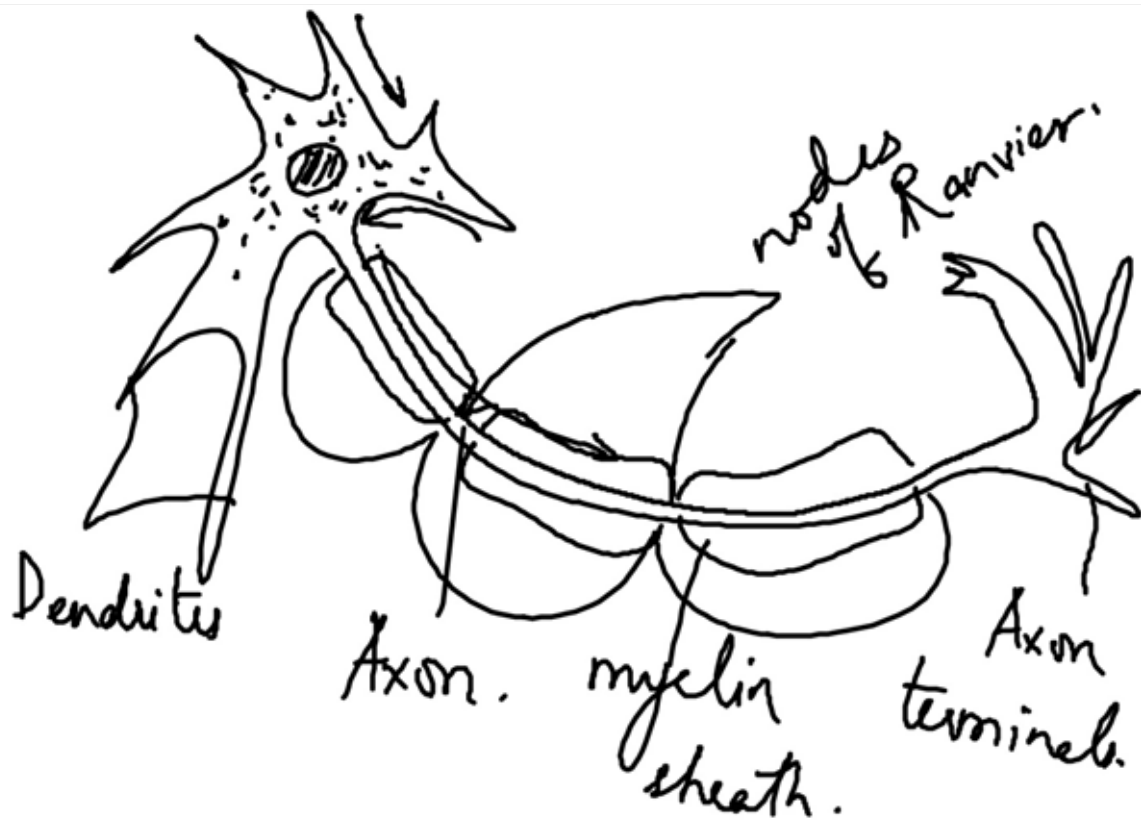
It is the structural and functional unit of the nervous system

## TYPES OF NEURON

**Sensory neuron**

**Motor neuron**

**Relay neuron**



NEURON.— Nervous System.

NEPHRON.— Excretory  
system.

**Voluntary action**

**Involuntary action**



**Reflex action**

**Reflex arc**

## **Path of a nervous impulse in a reflex action**

# *Multiple Choice Questions*

1. The grey matter of the spinal cord contains

A. receptors.

B. cell bodies of motor neurons.

C. cell bodies of sensory neurons.

D. motor end-plates.

2. Electric wires are coated with rubber for insulation.  
Which part of a neuron serves the same function?

- A. Dendrites
- B. Neurilemma
- C. Myelin sheath
- D. Nodes of Ranvier

3. Which option describes the correct route for nervous co-ordination?

- A. Effectors → sensory neurons → brain → motor neurons → receptors
- B. Receptors → motor neurons → brain → sensory neurons → effectors
- C. Effectors → motor neurons → brain → sensory neurons → receptors
- D. Receptors → sensory neurons → brain → motor neurons → effectors